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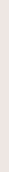
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A large, stylized leaf graphic composed of numerous thin, curved lines that sweep across the right side of the page, creating a sense of movement and organic form. The lines are light gray and set against a dark gray background.

# AEON

CENTRE FOR REGENERATIVE WELLNESS



# The Journey To Self Healing & Longevity Through Science

THE AEON CLINIC

# The AEON Rejuvenescence Concept

Welcome to the journey of restoring and enhancing your natural vitality & health, whilst unlocking the secret to a longer, healthier life. We look at ageing as a disease, and we believe in the power of harnessing cellular regeneration & stem cells, to keep patients healthy and youthful despite the passage of time.

Our signature treatments combine stem cell & ozone therapy, nutrition, lifestyle modifications and nutraceuticals with holistic wellness treatments that can help you achieve a fuller, longer life.

We are honored to be the first regenerative wellness centre in the Middle East that offers holistic healing through science, within a luxurious hospitality setting. With over 25 years of experience in Dubai, our trusted doctors can support your journey towards longevity, through a tailored approach, based on each patient's needs.

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OUR VISION

## Our Philosophy

"The measure of success is the capability to change peoples lives for the better.

Advancement in stem cell technology, brings us to the threshold of a world free  
of allopathic medicine.

Taking this forward is our passion."

*Dr. Jaffer Khan*

DR. JAFFER KHAN, FOUNDER

OUR TRIED AND TESTED METHOD

# The AEON Approach

At AEON, we pride ourselves in providing cutting edge regenerative treatments that have been developed by medical experts through decades of research and development in the field.



## Consultation

Your experience at AEON Clinic begins with a thorough consultation that encompasses a comprehensive review of your medical history as well as a detailed physical assessment.



## Analysis

Upon consulting with our medical team, we will conduct a comprehensive array of advanced medical tests to gather a complete baseline of information about your current health condition.



## Personalized Treatment

Based on a thorough assessment of your health, our medical team will create a personalized treatment plan that caters to your unique health status. Our extensive approach considers various aspects of your well-being, enabling us to help you achieve transformative results.



## Follow Up

After the completion of the initial treatment plan, our healthcare experts will provide guidance for a follow-up program, aimed at sustaining your overall well-being. Our plan is designed to support and maintain the progress you have achieved.





THE TREATMENTS

# Regenerative Medicine

Regenerative medicine involves the use of advanced medical techniques that include stem cells and exosomes to leverage the body's own cells and repair mechanisms.

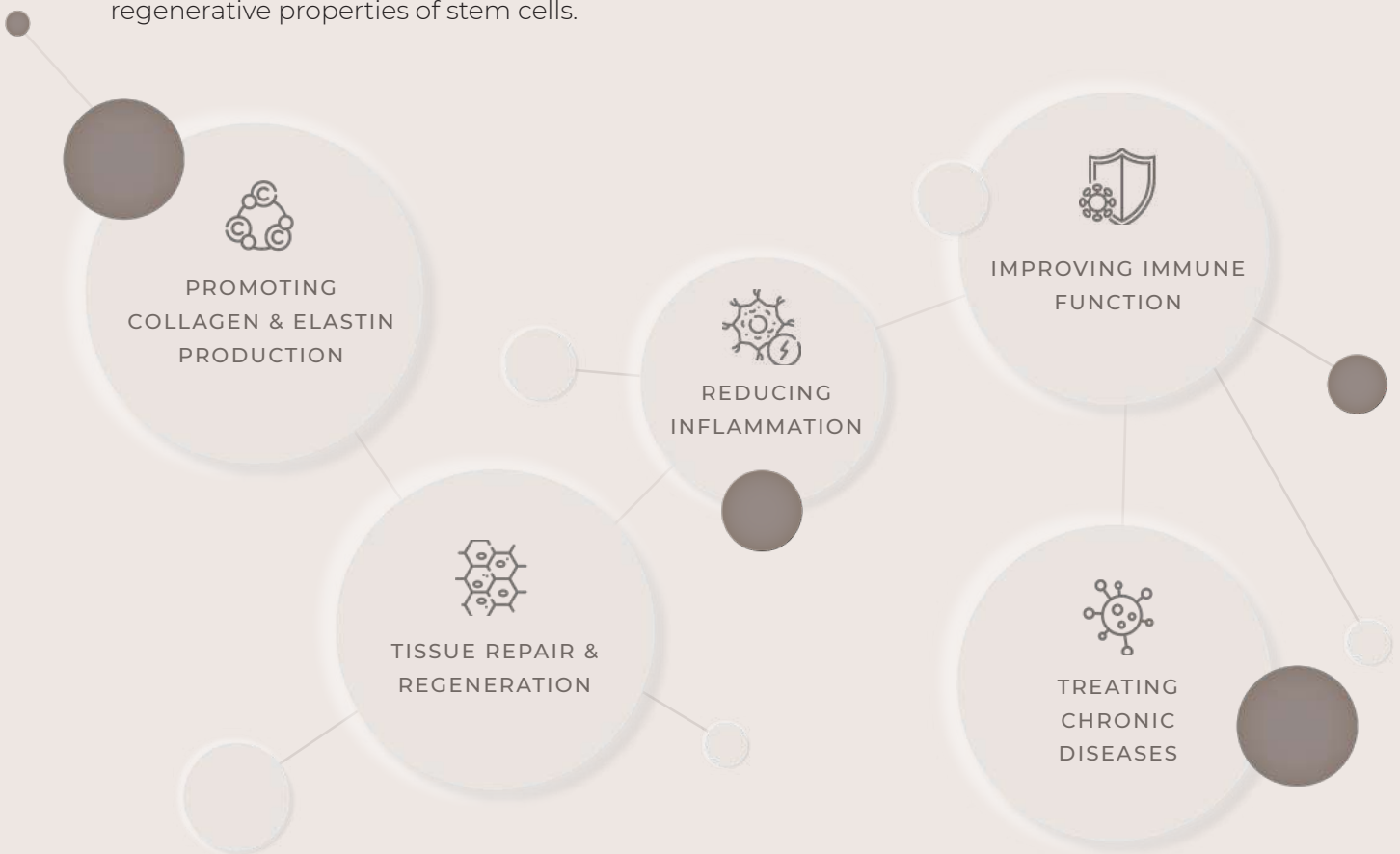
The healing power of our bespoke treatments can help to reverse DNA damage and ageing, whilst enhancing performance, using the bodies own cells and repair mechanisms.



# Stem Cell Therapy

Stem cell therapy is a promising field of medicine that can potentially treat various medical conditions. At AEON, we offer stem cells intravenously & through injectables targeted for specific areas.

IV stem cell treatments have been shown to have potential anti-ageing effects due to the regenerative properties of stem cells.



# Exosomes

Exosomes contain various bioactive molecules such as proteins, nucleic acids, and growth factors. When administered intravenously, exosomes have the potential to modulate cellular signaling, promote tissue regeneration, and support overall healing processes. Once introduced in the body, they are believed to have the potential to improve skin health, promote hair growth, enhance joint function, and aid in overall rejuvenation.

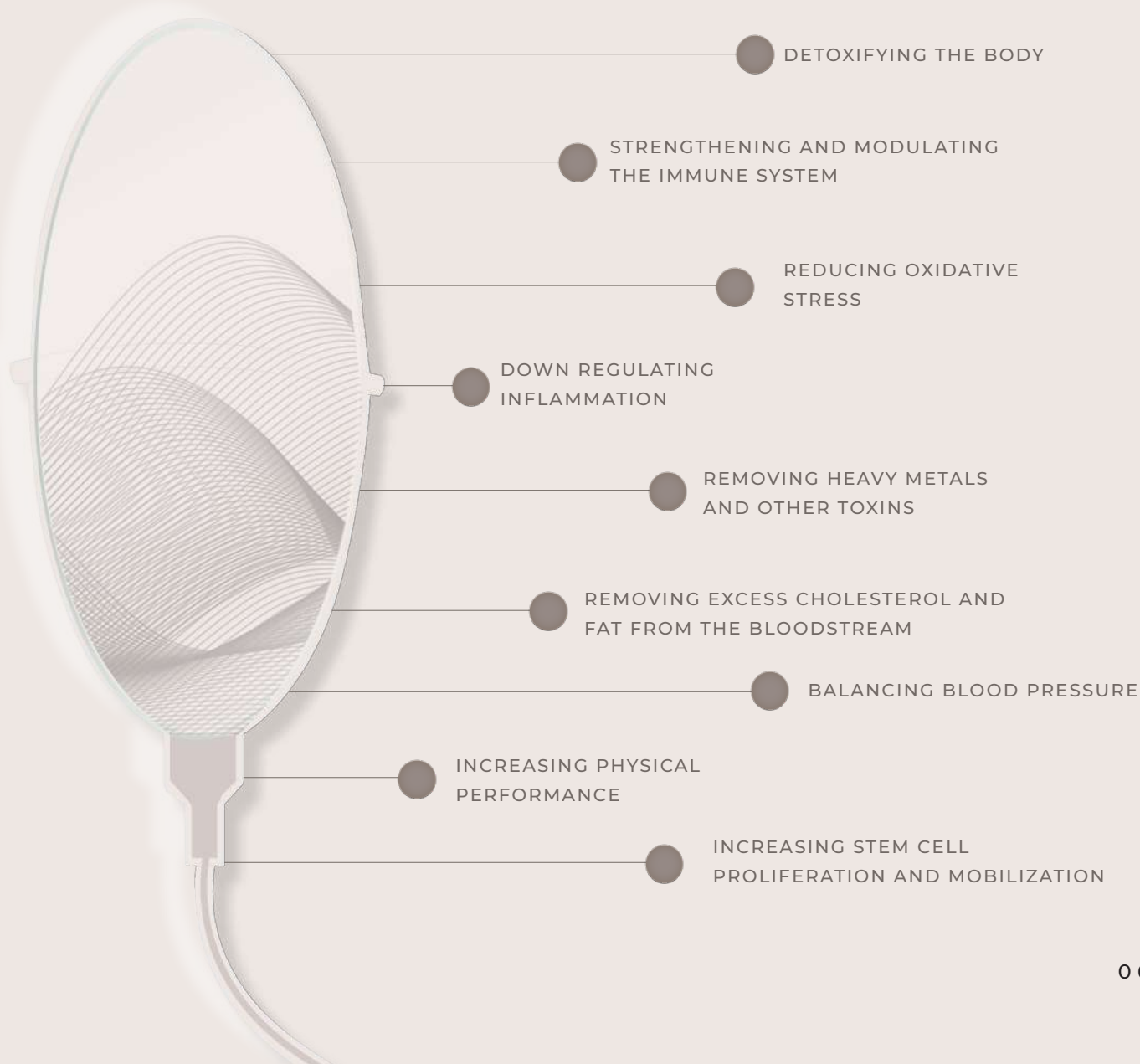




# Ozone Therapy

Ozone therapy is a regenerative medical therapy that stimulates the naturally occurring immune response of the body, encouraging it to begin its healing journey. At AEON, we use the world's most advanced technology and approach, based on Dr. Lahodny's protocols (founder of ozone multipass therapy) and we focus on treating the entire circulatory system, not only a small portion of the blood.

Ozone Therapy is a world class treatment for those who want to increase their physical performance, re-establish their body balance, strengthen their immune system and enhance innate defense capacity. This a treatment protocol designed for both healthy individuals and those having a variety of health issues.





# Naturopathic Treatment

Embark on a mission to unravel the root causes of your health concerns, rather than simply addressing symptoms. With an unwavering commitment to you as a whole person, our doctors combine ancient wisdom with contemporary scientific knowledge, offering a harmonious blend of nature and evidence-based medicine.

## Benefits include:

- Self healing through nutritional therapy instead of prescription medications
- Treatment of underlying physical and mental issues by treating body & mind
- Controlling chronic diseases without potential side effects of medicines
- Prevention of diseases and lifestyle improvements

# Sports Medicine

Sports medicine has evolved from reactive treatments that relied on anti-inflammatory medications and injectable corticosteroids, which carried potential long-term health risks for athletes. In the proactive model of sports medicine, the focus is on optimizing endurance, stamina, and injury repair through regenerative medicine and holistic approaches to treatment.

At AEON, we offer customised treatment plans tailored to patients specific needs and goals. These plans incorporate advanced therapies such as stem cells and exosomes, photodynamic therapy, ozone, and platelet-rich-plasma therapy (PRP).





## Functional Medicine

Functional medicine is a patient-centered approach that recognizes the body's innate ability to heal itself. It focuses on identifying and addressing the underlying causes of health issues, such as environmental toxins, genetic factors, and lifestyle choices. By stimulating the body's natural self-healing mechanisms, functional medicine aims to optimize overall well-being.

### Benefits include:

- Non invasive or minimally invasive techniques
- Boosts immune function, weight loss, enhances brain and cardiopulmonary function
- Reversal of cellular ageing
- Leading a life of vitality with renewed energy
- Using all natural nutraceuticals, organic diets, building block peptides and optimizing hormones

## Stress Management

Our stress management programs are designed to enhance mental health and psychological well-being. Our experienced specialists help individuals dealing with stress and mental health by providing tailored treatments and support

In today's fast-paced world, many individuals are impacted by stress and declining mental health. Factors such as an imbalance between personal and professional life, unhealthy lifestyle choices, and poor dietary habits contribute to this issue, affecting productivity, lifestyle, and overall well-being. Our psychologists assist individuals facing these challenges.







THE TREATMENTS

# Regenerative Wellness

We integrate the most advanced scientific methods of regenerative medicine with holistic approaches to enhance the mind, spirit and body elements of wellness. Our goal is to help our patients achieve a harmonious balance between their vital life force and nature, promoting overall well-being.



# Airpod Oxygen Therapy

Airpod oxygen therapy is a medical treatment that allows enhanced oxygenation within a pressurised pod. As a result, it helps the blood to carry more oxygen to the organs and tissues in the body, which in return will help boost the regenerative mechanisms and patients can experience a wide range of benefits.





# IV Vitamin Drips

A

## AEON REJUVENESCENCE

A specially curated blend of our bespoke multivitamin including NAD.



## LIVER CLEANSE

An infusion created to detoxify and support your liver. A powerful combination of antioxidants and nutrients aimed at reducing oxidative stress and increasing liver efficiency.



## STRESS MANAGEMENT

A multivitamin and mineral combination with powerful antioxidant properties aimed at reducing oxidative stress and inflammation.



## MULTIVITAMIN + IRON

Helps your body to produce red blood cells and keep your nervous system healthy.



## POST GYM RECOVERY

An electrolyte rich solution containing antioxidants and amino acids to boost muscle growth, stimulate metabolism and increase energy levels.



## HAIR HEALER

An infusion packed with B vitamins and supporting minerals essential for healthy hair growth. Essential support for those with initial signs of hair loss appearance.



# The secret to regenerative wellness & timeless beauty



## WELLWOMAN BOOST

Designed to support hormonal balance and assist with symptoms pertaining to imbalance.



## GUT NUTURING

An electrolyte balanced solution delivering essential vitamins and amino acids required to help heal intestinal issues resulting in decreased inflammation, improved gastrointestinal symptoms and improved absorption.



## FORGET ME NOT (MEMORY BOOST)

An infusion designed to target mental fog and declining cognitive function. This blend of brain boosting nutrients will enhance your memory, keep you focused for longer and enhance overall mental wellbeing.



## LIFE SUPPORT

Carefully designed for those with diabetes and those with a high risk of developing diabetes. This infusion acts as a powerful antioxidant whilst providing the most essential supplementation to prevent certain diabetic complications.



## FOUNTAIN OF YOUTH

A blend of minerals, nutrients and antioxidants to promote collagen production, hydrate and minimize inflammation to achieve an overall more youthful



## AEON RECOVERY

A well-balanced infusion containing essential vitamins required for achieving optimal levels to ensure effective cellular functioning.

# IV Laser Therapy

Intravenous laser therapy (IVLT) is an innovative treatment that involves the use of low-level laser therapy.

This procedure delivers targeted laser energy directly into the bloodstream, allowing it to reach various tissues and cells throughout the body. It utilizes different colors of laser light, each with its own specific wavelength and cellular effects.

The ultimate goal of IVLT remains consistent – to enhance overall fitness and wellness by improving blood circulation, mood health, and energy levels. The selection of colors and wavelengths is determined based on the individual's specific needs and treatment goals, and it is typically administered under the supervision of trained healthcare professionals.

## INFRARED

Infrared light penetrates deep into tissues, promoting cellular regeneration, reducing inflammation, and aiding in pain relief

## RED

Red light therapy administered intravenously can improve blood circulation, stimulate the production of energy in cells, and support wound healing and tissue repair

## YELLOW

Yellow light therapy delivered intravenously can help enhance lymphatic function, boost mood, and improve overall mental well-being

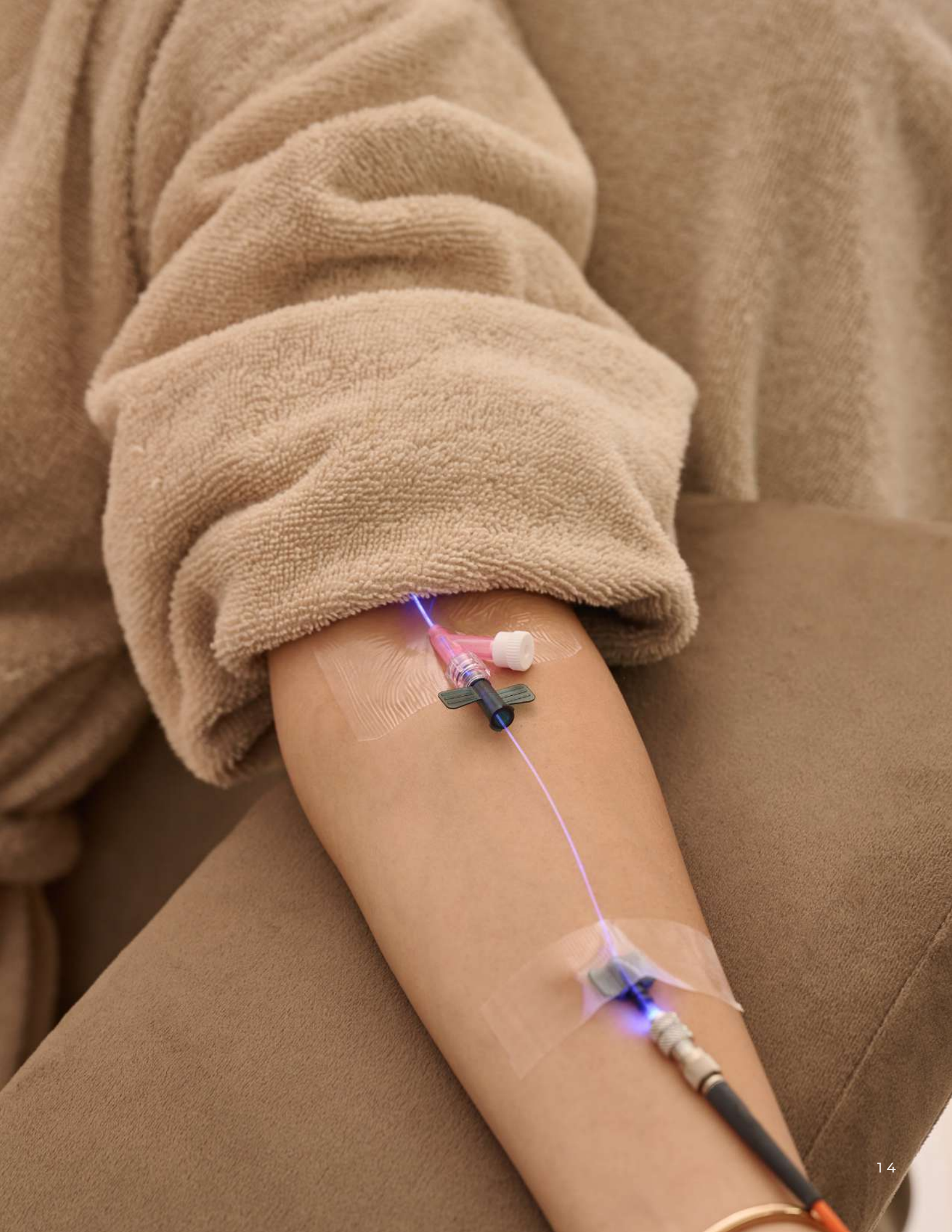
## BLUE

Blue light therapy administered intravenously may have antimicrobial properties and can aid in reducing inflammation, regulating immune response, and promoting detoxification

## GREEN

Green light therapy administered intravenously can assist in calming the nervous system, reducing anxiety and stress, and supporting overall relaxation and balance







## Peptide Therapy

Peptide therapy involves the use of peptides, which are short chains of amino acids, for various therapeutic purposes.

Peptides can have diverse actions, such as promoting tissue repair, boosting immune function, enhancing hormonal balance, improving cognitive function, supporting weight loss, and aiding in anti-ageing efforts.

The administration of peptides can occur through various routes, including subcutaneous injections, topical applications, or oral ingestion. The selection of peptides and administration method depends on the individual's specific health goals and requirements.

## Shockwave Therapy

Shockwave therapy, also known as extracorporeal shockwave therapy (ESWT), is a non-invasive medical treatment that utilizes high-energy acoustic waves to stimulate healing and promote tissue repair in various musculoskeletal conditions.

During a shockwave therapy session, a specialized device delivers controlled acoustic waves to the targeted area of the body. These waves create mechanical stress, triggering biological responses that can improve blood circulation, reduce pain, and enhance tissue regeneration.

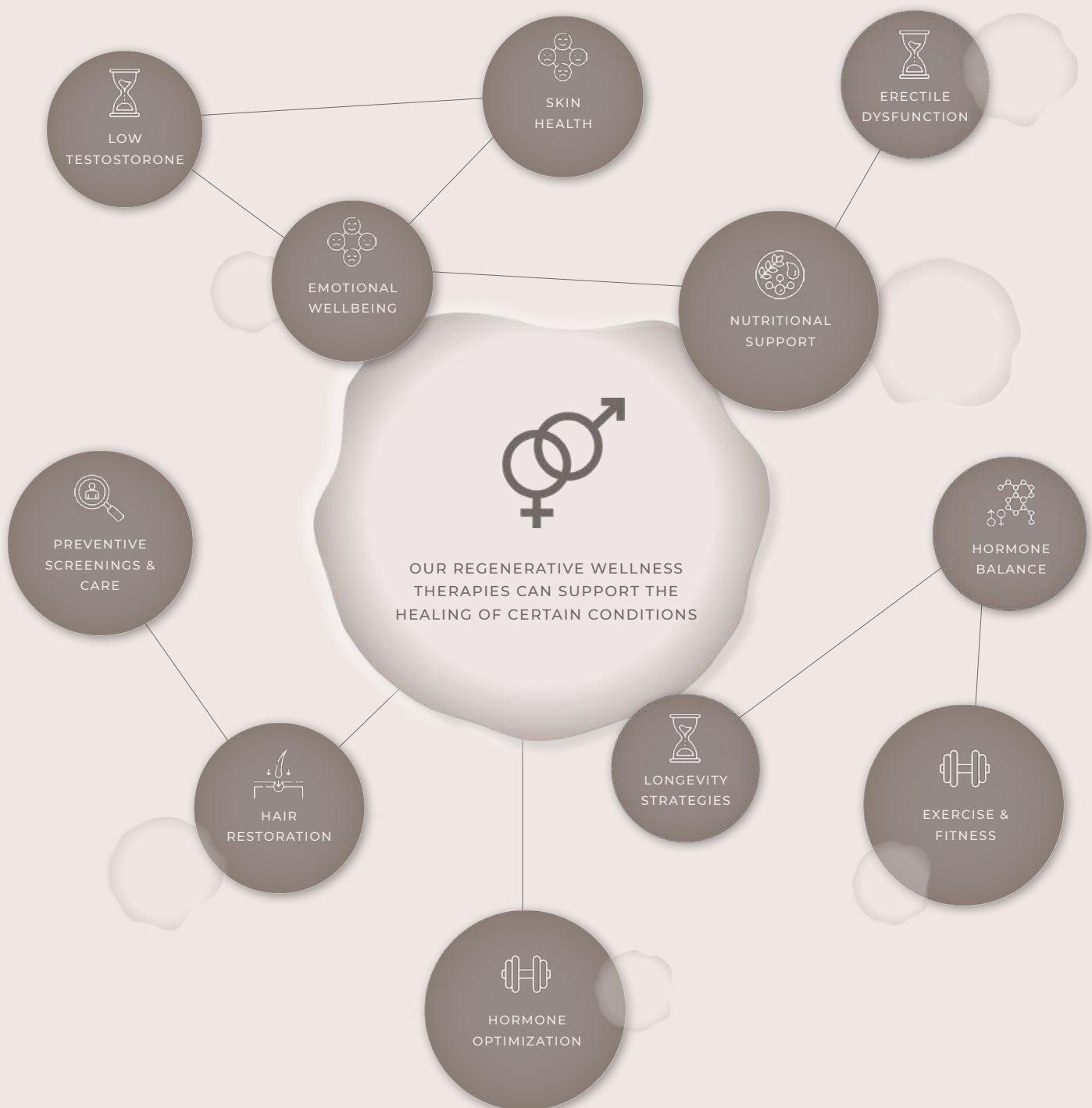
Shockwave therapy is commonly used to treat conditions such as plantar fasciitis, Achilles tendonitis, tennis elbow, shoulder tendinopathies, and other musculoskeletal disorders. It can be an alternative or adjunct to traditional treatments, such as medication, physical therapy, or surgery.





# Male & Female Wellness

Anti-aging male & female wellness involves a proactive approach to optimize health and vitality as men & women age. Our specialists can provide personalized guidance, treatment options that include bioidentical hormone therapy and preventive measures to support healthy ageing & maintain a youthful quality of life.



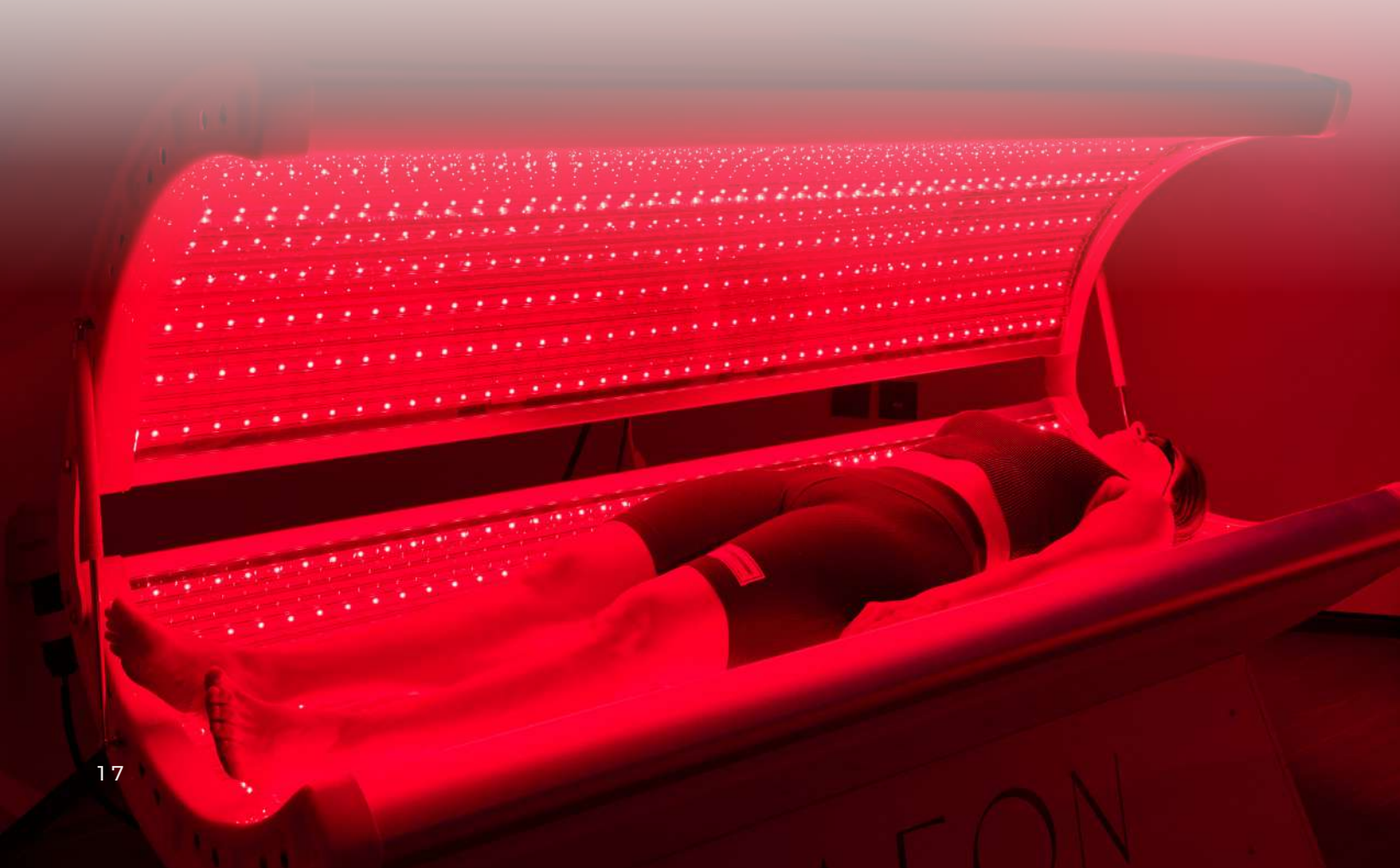
# Photobiomodulation (Low level laser therapy)

Photobiomodulation, also known as low-level laser therapy, is a non-invasive treatment that utilizes specific wavelengths of light to stimulate cellular function and promote healing.

During a session, the light energy is absorbed by cells, triggering a series of biochemical reactions.

## **Benefits of photobiomodulation include:**

- Reducing pain and inflammation in different tissues and nerves
- Enhancing cellular metabolism
- Reducing oxidative stress
- Accelerating tissue repair
- Stimulating mitochondrial function (the powerhouse of the cell)
- Treating different musculoskeletal diseases
- Stimulating the healing process in diabetes-related diseases
- Treating hair loss and dentistry-related diseases
- Boosting stem cell function and number of circulating stem cells





# Pulsating Magnetic Field Therapy (PEMF)

When the cells of the body have been injured, by toxin overload, they may lose their ability to generate proper energy levels to maintain their health. The result may be chronic inflammation which leads to chronic pain and poor healing. We use pulsed electromagnetic field therapy to help the body recover from this by giving it the frequencies needed for healing

## Benefits include:

- Increased blood circulation
- Improved oxygen supply
- Enhanced metabolism & toxin removal
- Reduced pain, inflammation and swelling
- Restores damaged tissues
- Increased nutritional absorption
- Enhanced brain function

# Nutrition, anti-ageing & wellness

Connecting nutrition with wellness and anti-aging involves understanding the impact of dietary choices on overall health, vitality, and the aging process.

At AEON, we include nutritional and dietary factors to build a comprehensive and personalised program that will support and act in synergy with other treatments, physical activity, and stress management to contribute to healthy aging, promote quality of life, and support overall wellness.







THE TREATMENTS

# Aesthetic Treatments

Experience the ultimate aesthetic advancements with our anti-aging treatments, designed to also enhance your skin and hair. Our renowned plastic surgeons, dermatologists and beauty therapists are dedicated to helping you feel and look your best.

Discover a world of transformative possibilities at AEON.





## Face Art® by Dr. Khan

Custom designed for each patient through detailed consultation, FACE ART® by renowned plastic surgeon Dr. Jaffer Khan is a combination of both dermal fillers and botox.

This treatment allows you to restore volume in the under-eyes, cheeks, lips, chin and jawline. It also reduces wrinkles and restricts the overactivity of some facial muscles in order to create a lifting effect. With the help of this treatment, you will be able to restore youthful features through subtle enhancements. Finished with a cryotherapy facial, it includes a separate consultation with our aesthetician on laser and light-based treatments.

## RestorLift™ by Dr. Francisco De Melo

RestorLift™ combines the power of biostimulant fillers and threads to provide a comprehensive and transformative facial rejuvenation. This unique treatment is designed to address multiple signs of ageing, restore youthful contours, and revitalize your appearance.

The RestorLift™ treatment is customized to address your unique concerns and goals. To create a personalized treatment plan, Dr. Francisco de Melo will assess your facial proportions, anatomical structure, skin and soft tissue qualities, and desired outcomes. The procedure is performed with precision and care, ensuring natural-looking





## Botox

The application of Botox injections is the most common non-surgical treatment performed worldwide to treat signs of aging.

This will relax the muscles and consequently smooth out the lines and wrinkles resulting from the repetitive muscle movement (dynamic lines and wrinkles).

## Dermal Fillers

Injectable dermal fillers are soft, gel-like substances that restore volume loss, improve skin laxity and diminish signs of aging.

It is a minimally invasive cosmetic procedure, directed to the replace volume loss due to the natural ageing or weight loss, to shape the contour and balance proportions, offering a smoother, healthier and youthful appearance. It is most commonly used in the face but also used for hand rejuvenation and other body areas (buttocks or calves).

## Skinboosters

Skinboosters are intradermal hydrating micro-injections of a natural & soft, gel-like substance called hyaluronic acid.

Treatment consists of multiple injections in order to hydrate skin from within, treat skin laxity and improve collagen and elastin production.

## Stem Cell & Exosomes Injections

Stem cells and exosomes have emerged as promising skin regeneration and rejuvenation therapies. Both stem cells, and exosomes can be used in various cosmetic procedures, including facial rejuvenation, scar revision, and skin wound healing. They can be administered through injections or combined with other treatments like micro-needling or laser therapy.



## Platelet Rich Plasma (PRP)

Also known as the vampire facial, PRP harnesses the power of growth factors from platelet rich plasma of red blood cells. The nourishing plasma is injected back into the skin to rejuvenate and improve volume, texture, tone and clarity of the skin.

## Threadlifting

Using Silhouette Soft, thread lifts are a popular anti-aging and skin rejuvenation process that uses temporary sutures to produce a visible lift. It can tighten your skin and give natural results whilst combatting signs of ageing

Product selection includes Prophilos and Skinboosters, leading brands from IBSA Derma and Galderma, with long standing safety profiles.

## Biostimulant Fillers

Biostimulant dermal fillers are a type of injectable treatment used to enhance and rejuvenate the skin and soft tissues. Unlike traditional dermal fillers that primarily add volume to specific areas, biostimulant fillers work by stimulating the body's natural collagen production and improving overall tissue quality.

Over time, the newly produced collagen helps to improve skin and soft tissue volume texture, elasticity, and firmness, resulting in a more youthful and rejuvenated appearance. Results can last for an extended period, providing long-term benefits for individuals seeking natural-looking rejuvenation.



## BBL (Broadband Light Therapy)

### **BBL HERO / FOREVER YOUNG BBL / FOREVER CLEAR BBL / SKINTYTE**

Combined with hydrafacial, our BBL treatment uses intense pulsed light to make your skin look more vibrant and youthful. The broadband light energy is not only extremely effective in eliminating brown spots, age spots and pigmentation but it has also been shown to alter cellular DNA associated with aging. This treatment is also effective in treating skin texture, acne and rosacea.

## Radiofrequency Microneedling

Morpheus 8 is the most advanced form of microneedling combined with radiofrequency to lift, contour and tighten skin. Morpheus 8 sculpts and remodels subcutaneous fat and tissue, stimulates collagen production and induces skin rejuvenation.

## Skin Tightening

Ultherapy is the only FDA cleared, non-invasive procedure that lifts the neck, chin and brows, and improves lines & wrinkles on the upper chest through ultrasound technology. This technology reaches the inner depths of the dermis and boosts collagen & elastin, helping to achieve natural looking results without surgery or downtime.

## Laser Skin Resurfacing

Through its use of a fractionated wavelength lasers, MOXI delivers improved tone and texture to the skin with little to no downtime, as it features a gentle non-ablative laser that corrects pigmentation issues, poor texture, wrinkles and fine lines.





## Mesotherapy Facial

Combined with HydraFacial, our Mesotherapy treatments deliver a tailored and sophisticated cocktail of vitamins, minerals, antioxidants, amino acids and hyaluronic acid infused into the surface of the skin through Dermapen Microneedling. The treatment stimulates fibroblasts to produce new collagen and elastin, leaving your skin rejuvenated and glowing.

## Carbon Laser Facial

Known as the Hollywood facial, this gentle treatment harnesses the power of pico laser to help even skin tone, reduce the appearance of pigmentation, fine lines and acne scars. Carbon laser facial can be performed alone, but works best when you have several treatments over a period of time.

## Youth Infusion Facial

Combined with HydraFacial, our Youth Infusion Facial includes Aquagold microneedling, which uses 24 karat gold needles to evenly distribute a cocktail of Botox, Hyaluronic Acid and Vitamins across the entire face into the skin's deep layers. Results are rejuvenated and glowing skin, perfect before an event!





# Non-Surgical Hair Regeneration

Regenera Activa® is an innovative system for obtaining, processing and administering stem cells as a micrograft to stimulate hair growth in androgenic alopecia. This form of alopecia is due to the sensitivity of hair follicles to androgens. This is the most common cause of hair loss and occurs in 70% of men and 40% of women in a certain period of their lives.

It is a single treatment that gives excellent healing effects. Studies have shown that in 4-6 weeks after the procedure, the hair loss diminishes and the existing hair follicles, under the influence of the regenerative action of progenitor cells, begin to generate new hair.

## Exosomes

Exosomes are small extracellular vesicles that play a key role in intercellular communication. They contain proteins, lipids, and nucleic acids, and have been investigated for their potential therapeutic applications in a range of diseases, including hair loss.

Research has suggested that exosomes derived from stem cells can promote hair growth by stimulating the proliferation of hair follicle cells and increasing blood flow to the scalp

## Platelet Rich Plasma

PRP harnesses the power of growth factors from platelet rich plasma of red blood cells. The nourishing plasma is injected back into the hair to enhance growth and volume.

## Mesotherapy

Mesotherapy uses microinjections of minerals, vitamins and amino acids injected into the scalp for hair growth and volume.

## Hair Transplant

We offer unique ways of evaluating your hair's health using new techniques and treatments to strengthen or restore hair. Patients can choose the newest regenerative methods that suit your individual needs and lifestyle.









STATE-OF-THE-ART SURROUNDINGS

## Transformative Wellness

AEON is located in the new iconic landmark of Dubai, Atlantis The Royal. We welcome you to an experience that will completely redefine your perspective of luxury. Crafted by the world's leading designers, architects and artists, this is a destination where everything has been designed to challenge the boundaries of imagination. We have specifically designed our layout and ambience to cater to clients' emotions, comfort and privacy needs. We want our clients to be able to feel relaxed and in a tranquil state of mind during their visit.

