

TWO-DAY SCIENTIFIC WORKSHOP PROGRAM 26TH & 27TH APRIL 2025

# The Future of Aesthetic and Regenerative Medicine

DURATION: 6 HOURS/DAY

TOTAL TIME: 12 HOURS

**TOTAL CANDIDATES: 60** 

# DAY 1: AESTHETIC INNOVATION AND PRECISION TREATMENTS

# Workshop 1: "The Art of Facial Harmony" by Dr. Jaffer Khan

### Scope:

- · Introduction to signature bespoke injectable techniques for facial rejuvenation.
- · Advanced use of dermal fillers and botulinum toxin for individualized aesthetic enhancements.
- · Anatomy-based precision injections for natural and proportional outcomes.
- · Live demonstrations showcasing tailored treatment approaches.

## Workshop 2: "The Future Lift: Face Threads Unveiled" by Dr. Ecaterina Lica

### Scope:

- · Understanding modern thread-lifting techniques for non-surgical facial rejuvenation.
- · Discussion on PDO threads, barbed threads, and combination therapies.
- Techniques for achieving structural support, collagen stimulation, and skin tightening.
- · Hands-on demonstration of thread placements for mid-face, jawline, and neck lifting.

# DAY 2: REGENERATIVE MEDICINE AND BIO-HEALING INNOVATIONS

# Workshop 3: "Oxygen Reimagined: The Ozone Revolution" by Dr. Basanta Khatry-Chhetry

### Scope:

- · Introduction to ozone therapy and its mechanisms of action.
- · Major autohemotherapy:
  - $\cdot$  Including 10-pass therapy and EBOO (Extracorporeal Blood Oxygenation and Ozonation)
- · Overview of complementary ozone treatment modalities:
  - · Rectal insufflation, intramuscular injections, intranasal and intra-auricular applications.
  - Peri/intra-articular ozone injections for regenerative joint treatments.
  - · Ozone bagging for topical wound healing and dermatological applications.
- Clinical insights and case-based discussions on systemic and localized ozone therapy.

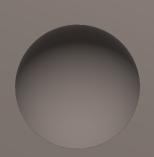
# Workshop 4: "The Light Code: Photobiomodulation in Healing" by Dr. Michael Weber

### Scope:

- Introduction to photobiomodulation therapy (PBM) and its cellular mechanisms
- $\cdot$  Exploring the use of low-level laser therapy (LLLT) and near-infrared light for regenerative and anti-inflammatory effects.
- Applications in:
  - · Wound healing, neuro-regeneration, and mitochondrial enhancement.
  - · Pain management and systemic PBM benefits.
- $\cdot$  Live demonstrations of PBM devices and treatment protocols

## PROGRAM HIGHLIGHTS:

- Each workshop combines theoretical knowledge and live demonstrations.
- Discussions on integrating these cutting-edge therapies into clinical practice for aesthetic enhancement and regenerative care.
- Q&A with experts for personalized learning and networking.





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