



NEXT-GENERATION MEDICINE ——— 2025

BRIDGING SCIENCE TO CLINICAL PRACTICE

Program Agenda

DATES: 23-25 APRIL 2025

LOCATION: ATLANTIS THE PALM, DUBAI, UAE

DAY 1
23RD APRIL 2025

Fundamentals of Next Generation Medicine

9:00 AM – 9:45 AM

OPENING CEREMONY

- Introduction by MC
- Inauguration ceremony
- Welcome Speech by Chairperson (Dr Jaffer Khan) and Co-Chair (Prof. Nayernia/ Prof. Dominik)

9:45 AM – 10:30 AM

KEYNOTE SESSION

Introduction to Next-Generation Medicine Masterclass

PROF. KARIM NAYERNIA

Biomedical Scientist and a World Expert on Stem Cell Biology and Personalized Medicine,
Director and Founder of the International Center for Personalized Medicine (P7 MEDICINE), Germany
European Cell Medicine Institute (ECMI)
European Center for Personalized Medicine (ECPM), Dusseldorf, Germany
P7 MEDICINE Gulf, Dubai, UAE

The Future of Precision Medicine: Bringing Geroscience to the Clinic

DAVID BARZILAI, MD, PHD, MBA, MS, DIPABLM

Founder and CEO, Barzilai Longevity Consulting (Healthspan Coaching LLC)
Faculty Member and Trustee at the Geneva College of Longevity Science
Diplomat of the American Board of Lifestyle Medicine

10:30 AM – 11:00 AM

COFFEE & TEA BREAK & EXHIBITION

11:00 AM – 1:00PM

SESSION 1- CHAIR: PROF. DOMINIK THOR AND DR VAHDANI THEME: REGENERATIVE MEDICINE AND ADVANCED THERAPEUTICS

Foundations of Next-Generation Medicine: Pioneering Precision and Innovation in Healthcare

PROF. KARIM NAYERNIA

Biomedical Scientist and a World Expert on Stem Cell Biology and Personalized Medicine,
Director and Founder of the International Center for Personalized Medicine (P7 MEDICINE), Germany
European Cell Medicine Institute (ECMI)
European Center for Personalized Medicine (ECPM), Dusseldorf, Germany
P7 MEDICINE Gulf, Dubai, UAE

Gene Editing and CRISPR Technology: Transforming Medicine

DR TOMASZ CHELMICKI

Senior Scientist & Research Project Leader at Roche
Postdoctoral Researcher at Institute Curie
PhD in Chromatin Biology and Epigenetics

Cell-Based Therapies: Advancements in Stem Cell and CAR-T Applications

PROFESSOR JURGEN HESCHELER

Chairman and Director of the Institute of Neurophysiology at the University at Zu Koln
Founding President of the German Society for Stem Cell Research

Objectivity in Aesthetic and Regenerative Medicine: Integrative Applications of Stem Cells and Exosomes in Local and Intravenous Therapies

DR WISSAM ADADA

Chairman of ProtoClinic ,
President of GRA MENA,
American Board Certified in Regenerative Medicine
MBBS and MSc in Aesthetic Medicine (Plastic Surgery Dept.)
International Fellowship in Dermatology (Harvard University)
Fellowships in Hair Transplant Surgery & Stem Cell & Regenerative Medicine

1:00 PM – 2:00 PM

○ **LUNCH BREAK**

2:00 PM – 4:00 PM

○ **SESSION 2- CHAIR: PROF. KARIM NAYERNIA AND DR VAHDANI
THEME: PRECISION MEDICINE, FUNCTIONAL & SYSTEMIC MEDICINE,
PREDICTIVE MEDICINE & PREVENTIVE MEDICINE**

Precision Medicine: AI, Genomics, and Personalized Care

DR. MARYAM ESLAMI

Dean of International Faculty, Tehran Medical Sciences, IAUTMS
President of Applied Biotechnology Research Center, IAUTMS
MD, PhD Genetics
Fellowship of Regenerative Medicine from Harvard Medical School

Cardiovascular and Metabolic Rejuvenation

PROFESSOR UWE NIXDROFF

Founder of European Prevention Center (EPC)
Internist, Cardiologist, and Sports Medicine Specialist
Renowned for his contributions to Preventive Cardiology

Revolutionizing Healthcare: The Role of Peptides in Next-Generation Medicine

DR BISHOY HANNA BENYAMIN SAWIRIS

Global Director of Medical Affairs and Business Development
Fusion Apothecary

Detox 2.0: The Nexus of Longevity, Metabolic Health, and Next-Generation
Medicine

DR MARTIN KRUPITZA

Founder of Biocannovea Medical Longevity Clinics
Expert of Functional Medicine
Nutritionist/Food Scientist

Complementary and Alternative Medicine: Integrating Tradition with
Innovation

DR. IMANE FARHAT

Naturopathic Doctor at AEON Clinic
Member of American Association of Naturopathic Physicians
Member of Canadian Association of Naturopathic Doctors

4:00 PM – 4:30 PM

○ **COFFEE & TEA BREAK & EXHIBITION**

4:30PM – 5:15 PM

○ **PANEL DISCUSSION: THE CONVERGENCE OF AESTHETICS AND
REGENERATIVE MEDICINE: REDEFINING BEAUTY AND HEALING**

MODERATOR: DR JAFFER KHAN

PANELLISTS: DR DEMELO; DR LICA; DR WISSAM ADADA; DR MAZEN AL SAMARRAE

Scope:

This panel explores the synergy between aesthetic innovations and regenerative therapies, focusing on precision treatments like bespoke injectables, face threads, ozone therapy, and photobiomodulation. Experts will discuss how these science-based approaches enhance beauty, healing, and longevity, bridging the gap between cosmetic outcomes and functional restoration.

Objective:

To redefine holistic beauty and health through evidence-based, integrated treatments

5:15 PM – 5:30PM

○ **CLOSING REMARKS**

DAY 2
24TH APRIL 2025

Healthy Longevity Medicine

9:00 AM – 9:15 AM



OPENING REMARKS

- Overview of Day 2 topics

9:15 AM – 10:30 AM



KEYNOTE SESSION

The Longevity Revolution

PROF. BRIAN KENNEDY

Distinguished Professor, Departments of Biochemistry and Physiology and Programme Director, Healthy Longevity Translational Research Programme at Yong Loo Lin School of Medicine, National University of Singapore

Director at Centre for Healthy Longevity, National University Health System, Singapore

10:30 AM – 11:00 AM



COFFEE & TEA BREAK & EXHIBITION

11:00 AM – 1:00 PM



SESSION 1 CHAIR- DR. MISHAT SHEHATA AND PROF. NIXDORFF THEME: LONGEVITY AND AGE MANAGEMENT, LIFESTYLE MEDICINE, NON-INVASIVE THERAPEUTICS

Rapalogs and Beyond: Exploring Off-Label Therapeutics for Extending Healthspan

DR. DAVID BARZILAI

Founder and CEO, Barzilai Longevity Consulting (Healthspan Coaching LLC)
Faculty Member and Trustee at the Geneva College of Longevity Science
Diplomat of the American Board of Lifestyle Medicine

Optimizing Longevity Through Advanced Physical Therapies- A Practical Guide for Longevity Clinics

DR. DOMINIK THOR

President & Professor of Pharmacy Geneva College of Longevity Science
Visiting Professor at University of Medicine and Pharmacy" Carol Davila"
CEO of a Biotech Company

Genomic Instability and Genotoxicity as Indicators of Assessment in Longevity

MR GIUSEPPE MUCCI

Founder and CEO of Bioscience Institute (RSM), Bioscience Clinic (Middle East) and Bioscience Genomics (Italy)

Expanded Mesenchymal Stem Cells as Gold Standard Therapy for Longevity

DR. GIUSEPPE MARCHESANI

Chief Technology Officer, Bioscience Institute
Clinical Bioscientist; Branch Manager & Quality Officer, Bioscience Clinic (Middle East)

Personalized Approaches to Longevity: Multi Omics and Personalized Data-Driven Strategies for Longevity

PROFESSOR BRIAN KENNEDY

Distinguished Professor, Departments of Biochemistry and Physiology and Programme Director, Healthy Longevity Translational Research Programme at Yong Loo Lin School of Medicine, National University of Singapore

Director at Centre for Healthy Longevity, National University Health System, Singapore

1:00 PM – 2:00 PM



LUNCH BREAK

2:00 PM – 4:00 PM

**SESSION 2 CHAIR- DR DAVID BARZILAI AND DR SHAIKHA AL MAZROUEI
THEME: LONGEVITY SCIENCE, CLINICAL GUIDELINES AND STANDARDS
FOR LONGEVITY AND REGENERATIVE MEDICINE**

Mitochondrial and Orthomolecular medicine

DR. MICHAEL WEBER

Director of the Center of TCM, Mitochondrial and Preventive Medicine in Portugal
President of European TCM Laser Academy
Expert in the field of Functional, Orthomolecular Medicine & Mitochondrial Medicine

**The Imperative of Longevity Science: Defining the Role of Longevity in
Physicians in Modern Healthcare**

PROFESSOR DOMINIK THOR

President & Professor of Pharmacy Geneva College of Longevity Science
Visiting Professor at University of Medicine and Pharmacy" Carol Davila"
CEO of a Biotech Company

**Healthy Longevity Medicine-Clinical Guidelines and Standards as
We Are Shaping the New Discipline**

PROFESSOR EVELYNE BISCHOF

Healthy Longevity Medicine Society, Co-founder and President
Internal Medicine and Medical Oncology Specialist
Head of the Scientific Board of Longevity Science Foundation
Co-Founder and Leader Longevity Education Hub
Professor of Medicine at Shanghai University of Medicine and Health Sciences
Medical Director Sheba Longevity Department at Sheba Medical Center

**Longevity Clinics of the Future: UAE's Strategic Position Leading Global
Standards**

DR NICOLE SIROTIN

CEO at the Institute for Healthier Living Abu Dhabi
Primary Care Internal Medicine Specialist in California
Research Fellowship in Global Public Health
Council Secretary of the Healthy Longevity Medicine Society

4:00 PM – 4:30 PM

COFFEE & TEA BREAK & EXHIBITION

4:30PM – 5:15 PM

**PANEL DISCUSSION: THE FUTURE OF HEALTHY LONGEVITY: SCIENCE,
INNOVATION, AND BEYOND**

MODERATOR: PROF. DOMINIK THOR

**PANELLISTS: EVELYNE BISCHOF; DR NICOLE SIROTIN, PROF. BRIAN KENNEDY; PROF. DAVID
BARZILAI; DR MISHKAT SHEHATA**

Scope:

This panel will explore the latest advancements driving healthy longevity, including precision medicine, regenerative therapies, and emerging technologies. Experts will discuss strategies to extend healthspan, delay aging, and combat age-related diseases through evidence-based innovations. The session will highlight the importance of personalized interventions, lifestyle optimization, and cutting-edge tools in enhancing longevity and overall quality of life.

Objective:

To provide insights into the future of healthy longevity, empowering participants to integrate science-based strategies and innovations into clinical practice and personal health optimization.

5:15 PM – 5:30PM

CLOSING REMARKS

DAY 3
25TH APRIL 2025

Emerging Therapies for Neurodegeneration and Autoimmune Disorders

9:00 AM – 9:15 AM

OPENING REMARKS

- Overview of Day 3 topics

9:45 AM – 10:30 AM

KEYNOTE SESSION

Advancing Regenerative Medicine: Emerging Trends and Innovations in Modern Healthcare

DR SHAIKHA AL MAZROUEI

PhD, King's College London

MSC, UAEU, in the Genetic Basis of Familial Hypercholesterolemia

Member of International Stem Cells Research Association (ISCCR)

Member of International Society of Cell and Gene Therapy

Member of the International Cryobiology Society

Head of UAE Stem Cell Group

Lead Researcher with the Biotechnology Research Centre at Abu Dhabi Technology Innovation Institute

10:30 AM – 11:00 AM

COFFEE & TEA BREAK & EXHIBITION

11:00 AM – 13:00 PM

**SESSION 1- CHAIR: DR SALMAN GILANI AND PROF. BRIAN KENNEDY
THEME: AGE MANAGEMENT, FUNCTIONAL & SYSTEMIC MEDICINE,
REGENERATIVE MEDICINE, ADVANCED MEDICAL TECHNOLOGIES**

Biomarkers of Aging in the Aspects of Neurodegeneration and Immunology

PROFESSOR EVELYNE BISCHOF

Co-founder and President Healthy Longevity Medicine Society

Internal Medicine and Medical Oncology Specialist

Head of the Scientific Board of Longevity Science Foundation

Professor of Medicine at Shanghai University of Medicine and Health Sciences

Medical Director Sheba Longevity Department at Sheba Medical Center

The Role of the Microbiome in Immune and Neurological Health

DR. ALLA ZAENTC

Certified Functional Medicine Specialist

Infectious Disease Specialist

Diplomat of the American Board of Regenerative and Anti-Aging Medicine

Emerging Therapies for Neurodegenerative and Autoimmune Disorders

DR. AMIRREZA BOROUMAND

Specialist Neurologist and Spine Diseases

Fellowships in Psychosomatic Medicine and Psychotherapy from the University of Freiburg, Germany, and in Regenerative Medicine and Cell Therapy in Neurological Diseases from the University of Münster, Germany

Clinical Director of Neurology, International Center for Personalized Medicine (ICPM) in Germany and Parnia Stem Cell Institute's Department of Neurology and Neuroscience in Iran

Neuro-Regeneration and Anti-Aging- Novel Clinical Protocol Guidelines

PROFESSOR SEAN NG

Founder and Consultant, Ming Medical in Malaysia

Immunotherapy & Regenerative Medicine

1:00 PM – 2:00 PM

LUNCH BREAK

2:00 PM – 4:00 PM

SESSION 2- CHAIR: PROF. EVELYNE BISCHOFF AND DR FATIMA AL JAMALI
THEME: REGENERATIVE MEDICINE, ADVANCED THERAPEUTICS

Organoids in Neurological and Psychological Therapeutics Research

PROF. ZEYNAB (MITRA) NAYERNIA

Translational Neuroscientist
Scientist at UCLA and Roche
CEO of P7Swiss

The Intersection of Neuroimmune Health and Regenerative Therapies

DR. AMIRREZA BOROUMAND

Specialist Neurologist and Spine Diseases
Fellowships in Psychosomatic Medicine and Psychotherapy from the University of Freiburg, Germany, and in Regenerative Medicine and Cell Therapy in Neurological Diseases from the University of Münster, Germany.
Clinical Director of Neurology, International Center for Personalized Medicine (ICPM) in Germany and Parnia Stem Cell Institute's Department of Neurology and Neuroscience in Iran

Regenerative Medicine in Neuro-Developmental Disorders

DR. SALMAN GILANI

Stem Cell Consultant
Diplomat in both the American Academy of Anti-aging Medicine and the American Board of Regenerative Medicine
Medical Affairs Director at the AEON Clinic

Advancements in the Field of Regenerative Medicine- Standards, Education and Certification

DR. ROZINA BADAL

Global Development Director for the American Board of Regenerative Medicine and the American Society of Regenerative Medicine

4:00 PM – 4:30 PM

COFFEE & TEA BREAK & EXHIBITION

4:30PM – 5:15 PM

PANEL DISCUSSION: REJUVENATION AND REGENERATION: A NEW FRONTIER FOR AUTOIMMUNITY AND NEURODEGENERATION

MODERATOR: DR SABA HABIBOLLAH

**PANELLISTS: DR BOROUMAND; PROF. SEAN NG; DR MANSOURI ; DR ROZINA BADAL;
DR SHAIKHA AL MAZROUEI**

Scope:

This panel will explore the role of regenerative and rejuvenation therapies in addressing autoimmune disorders and neurodegenerative diseases. Experts will discuss cutting-edge approaches such as cellular therapies, ozone therapy, photobiomodulation, and precision medicine. The session will highlight how these therapies target inflammation, promote cellular repair, and support neuro-regeneration to improve patient outcomes.

Objective:

To examine the potential of regenerative medicine in managing autoimmunity and neurodegeneration, fostering a deeper understanding of science-driven strategies to restore function, reduce disease progression, and enhance quality of life.

5:15 PM – 5:30PM

CLOSING REMARKS

TWO-DAY SCIENTIFIC WORKSHOP PROGRAM
26TH & 27TH APRIL 2025

The Future of Aesthetic and Regenerative Medicine

DURATION: 6 HOURS/DAY

TOTAL TIME: 12 HOURS

TOTAL CANDIDATES: 60

DAY 1: AESTHETIC INNOVATION AND PRECISION TREATMENTS

Workshop 1: "The Art of Facial Harmony" by Dr. Jaffer Khan

Scope:

- Introduction to signature bespoke injectable techniques for facial rejuvenation.
- Advanced use of dermal fillers and botulinum toxin for individualized aesthetic enhancements.
- Anatomy-based precision injections for natural and proportional outcomes.
- Live demonstrations showcasing tailored treatment approaches.

Workshop 2: "The Future Lift: Face Threads Unveiled" by Dr. Ecaterina Lica

Scope:

- Understanding modern thread-lifting techniques for non-surgical facial rejuvenation.
- Discussion on PDO threads, barbed threads, and combination therapies.
- Techniques for achieving structural support, collagen stimulation, and skin tightening.
- Hands-on demonstration of thread placements for mid-face, jawline, and neck lifting.

DAY 2: REGENERATIVE MEDICINE AND BIO-HEALING INNOVATIONS

Workshop 3: "Oxygen Reimagined: The Ozone Revolution" by Dr. Basanta Khattry-Chhetry

Scope:

- Introduction to ozone therapy and its mechanisms of action.
- Major autohemotherapy:
 - Including 10-pass therapy and EBOO (Extracorporeal Blood Oxygenation and Ozonation).
- Overview of complementary ozone treatment modalities:
 - Rectal insufflation, intramuscular injections, intranasal and intra-auricular applications.
 - Peri/intra-articular ozone injections for regenerative joint treatments.
 - Ozone bagging for topical wound healing and dermatological applications.
- Clinical insights and case-based discussions on systemic and localized ozone therapy.

Workshop 4: "The Light Code: Photobiomodulation in Healing" by Dr. Michael Weber

Scope:

- Introduction to photobiomodulation therapy (PBM) and its cellular mechanisms.
- Exploring the use of low-level laser therapy (LLLT) and near-infrared light for regenerative and anti-inflammatory effects.
- Applications in:
 - Wound healing, neuro-regeneration, and mitochondrial enhancement.
 - Pain management and systemic PBM benefits.
- Live demonstrations of PBM devices and treatment protocols

PROGRAM HIGHLIGHTS:

- Each workshop combines theoretical knowledge and live demonstrations.
- Discussions on integrating these cutting-edge therapies into clinical practice for aesthetic enhancement and regenerative care.
- Q&A with experts for personalized learning and networking.




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